

CENTENNIAL POST 209  
THE AMERICAN LEGION



"A LITTLE POST GOING PLACES AND DOING BIG THINGS"

DECEMBER 1993

As we enter the Holiday Season, I wish each and every member of American Legion Centennial Post 209, and members of our American Legion Auxiliary and Sons of The American Legion a Merry Christmas and a Happy New Year.

This is going to be an important and dynamic year in the history of this post. As we embark upon a new phase in the evolution of the post, I confidently predict that we will look back upon 1994 as one our best years.

The recent decisions regarding the running of the post and the club are already beginning to pay off. Income from our fund-raising activity has improved, and I feel that we will soon be able to point to significant financial improvement.

I am sure that we will meet and exceed all membership goals for the upcoming year. I know that we will provide increased support to American Legion programs.

Maybe this will be the year that YOU will get involved in the American Legion! I hope so!

Floyd Bufkin  
Commander



**COLD INJURY  
FROM: "THE CHOISIN FEW"**

Combat veterans of the Korean War are becoming increasingly crippled by the delayed timebomb consequences of cold injury wounds suffered during prolonged exposure to temperatures 20 to 40 degrees below zero Fahrenheit - equivalent to -116F and extremely lower by modern wind chill factors.

The savage cold killed cells, tissue and nerves, causing irreversible destruction that progressively worsens throughout life. Death or loss of extremities were near-term results. The long-term aftermath - known medically as sequela - is continual deterioration of health, from intensifying chronic pain to vascular failures to deformities.

Freeze wounds, or frostbite, are as deadly as bullets or shrapnel, only that, they continue to worsen throughout the life of the victim.

The delayed long-term consequences of cold injuries were little known until 1957 when they were identified as a "medical problem of severe magnitude" in the Journal of the American Medical Association.

The consequences are life-long and severely debilitating. A grim outlook in even mild cases.

**POST OFFICERS**

COMMANDER	FLOYD BUFKIN
SR VICE COMMANDER	AL CYRIAQUE
JR VICE COMMANDER	HARRY JOHNSON
ADJUTANT	ANN FOSTER
FINANCE OFFICER	LARRY JOHNSON
HISTORIAN	KENNETH ANDERSON
SGT-AT-ARMS	AL LENDER
CHAPLAIN	HOWARD HORNIK
JUDGE ADVOCATE	GEORGE CARNES
SERVICE OFFICER	TED RIDDLE
EXEC COMMITTEEMAN	NEAL THOMAS

DUES \$20.00

**MEMBERSHIP ELIGIBILITY**

World War I  
Apr 6, 1917 - Nov 11, 1918  
World War II  
Dec 7, 1941 - Dec 31, 1946  
Korean War  
June 25, 1950 - Jan 31, 1955  
Vietnam War  
Dec 22, 1961 - May 7, 1975  
Granada & Lebanon  
Aug 24, 1982 - July 31, 1984  
Panama  
Dec 20, 1989 - Jan 31, 1990  
Persian Gulf  
Aug 2, 1990 till end of hostilities

**AUXILIARY OFFICERS**

PRESIDENT	BARBARA JOHNSON
1ST VICE PRESIDENT	DOROTHY DASSERO
2ND VICE PRESIDENT	LOIS EGNOR
SECRETARY	MARCIA SHELLHAMMER
TREASURER	PATTI HABAN
HISTORIAN	HILDA PIFER
CHAPLAIN	MARIA SANDOVAL
SGT-AT-ARMS	IREANA CAMPBELL

DUES \$12.00

**MEETINGS**

3RD THURSDAY - 7:00 p.m.  
POTLUCK DINNER - 6:00 p.m.

EDITOR  
DOROTHY DASSERO

CENTENNIAL POST 209  
1337 N. ACADEMY BLVD  
COLORADO SPRINGS, CO 80909

**COLD INJURY (CONT)**

All long-term symptoms are more severe than original findings indicate - even in personnel who experienced only moderate cold injury.

Eighteen to thirty years after the exposure a great alternation occurs and the symptoms become worse. After age fifty, there is a remarkable worsening with the deterioration progressing rapidly.

**COME CELEBRATE CHRISTMAS**

The Annual Christmas Party will be December 11th, 1:00 P.M. for the children (12 and under). Santa will be on hand and pass out a bag of goodies for each child. We will serve hot dogs, etc.

The Christmas Party for adults will be on the 18th at 6:00 P.M. Please bring a gift marked for man or woman on the outside of the gift. Cost should be between \$4.00 and \$5.00. We also ask each family attending to bring a salad or dessert dish. In view of the current situation with the Club, we don't want to have food left over. So please call 596-9261 or 591-2272 with your reservation by December 10th. We plan to prepare only enough food for the number of reservations we have. If you plan to attend, please call.

**ADJUTANT ANNOTATIONS - Ann Foster**

The good news is we made our 65% goal for membership; the not so good news is we are 18 away from 70% and we need to reach that goal by 9 December. As the home post of our Department Commander, it would be so nice if we could show our appreciation by not only achieving our goals on time, but even exceeding them. Please help us in that effort! You have until 31 December to pay at the \$20.00 rate. After that, \$25.00 will be required. Even though I will be on Christmas leave, someone will be able to process memberships in my absence. However, it would be a nice if there is not much to do because you took care of this before I leave. Thank you for your consideration!

I am glad to report that with the help of volunteers, we have met the committed meeting obligations. That volunteer effort will continue until our lease is up January 31. Part of the effort includes your help in keeping our post home clean, in bussing your dishes and ashtrays and returning furniture to its previous position. Bring ashtrays to the bar to be emptied into a fireproof container; do not empty them into any other container. We can be inspected by the Fire and Health Departments at any time and want to keep a clean record. Your help now will do much to insure that possibility. Thank you!

In December, there will be no General Meeting due to the Christmas Party on 18 December. The January General Meeting is the 20th. You will be informed via the the Newsletter and/or a telephone committee should that meeting be elsewhere.

One of our annual programs is Christmas baskets for needy families. We are ready now to collect non-perishable items at the

post. We have a large can waiting to receive anything you wish to donate. Regina Bufkin and Millicent Young are working on a list of families to receive baskets. However, you may know a family who needs to be on the list. If so, please call me at 591-1952 between 9:30 A.M. and 4:00 P.M. with the following information: name, complete address (to include directions), telephone number and number of children (to include sex and ages). This way, we can insure delivery of the right items to the right places.

One of our members, Ross Jones, is now much better and able to receive visitors. If you wish to visit him, please call me, and I will give you the address and visiting hours.

We have received a letter from the publishers of the three military newspapers in Colorado Springs regarding a newspaper called PrimeTime which will address the issues important to retired military personnel. They hope to begin publishing this paper soon. The important thing is: YOU COULD RECEIVE COMPLIMENTARY COPIES IF WE PROVIDE THE PUBLISHERS WITH OUR MAILING LIST! The Executive Committee has considered this but not until you have a chance to say that you do not want your name and address released. The Committee has also decided the list will only be released as long as the publishers promise to keep it confidential and use it only for mailing the newsletter. If you do not want to receive this newspaper, please call me or drop a note to us. If we have not heard from you by the end of December, we will presume you have no objection to the release of your name and address. I would like to take this opportunity to wish everyone Happy Holidays and best wishes for our future.

## AUXILIARY NEWS

### **BARBARA JOHNSON - PRESIDENT**

Happy Holidays to you all! May the New Year be good to you.

The year is just flying by. We are now looking forward to the Annual Post 209 Christmas Parties. This year, the Children's Party will be December 11, 1 - 4 P.M. The Adult Party will be dinner at 6:00. There will be a gift exchange. Gifts between \$4.00 and \$5.00. Each family is asked to bring salad or dessert. Reservations must be made by December 10. Call 596-9261 and the Post 591-2272.

At our November meeting, the membership passed our budget for the year. The Constitution and By-Laws were read. My thanks to all who attended.

If you have not renewed your membership, please do so. We are an active unit but we need the support of everyone of you. Membership and member participation are what makes it possible for us to grow larger and stronger so we can do more for our Veterans.

We will be going to the Florence Nursing Home on December 6 to help with the Christmas Gift shop. These Veterans get so much pleasure from choosing gifts for their loved ones.

Coming up in December:

December 1 - Executive Meeting 7:00 P.M.  
December 6 - Florence N.H. Gift Shop  
December 11 - Children's Christmas Party  
December 16 - Regular Meeting  
December 18 Christmas Party

### **MEMBERSHIP - DOT DASSERO**

Membership continues to dribble in. We stand at 61%. Until we have a post home in which we can hold various activities, we will need the unit's portion of your dues to fund these programs which the unit is committed to.

The donations we make to various children and youth programs must continue, as must our commitment to the veterans in the nursing homes and hospitals. There is little joy in the lives of these people and the small things our unit can do to brighten their lives must continue.

At the last meeting, the unit discussed various ways that it might continue to raise some funding. Some of these suggestions might be finalized at the December meeting.

Since the Christmas Party will probably be the last function held in this post home, we would like to see as many of you as possible in attendance. Prepare a salad or dessert, bring a gift and come share with us.

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### **SALON 422 B ET 40**

Salon 422 of the 8&40 will hold its regular meeting at 209's Post Home on December 20 at 7:30 P.M. Mae Dillon will hostess this Christmas Party. Please bring a gift not costing over \$5.00 for exchange.



# December 1993

## CENTENNIAL 209 EVENTS

SUNDAY

MONDAY





TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			<b>1</b>  7:00pm EXEC MTG	<b>2</b> 7:00pm VVA MEETING	<b>3</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> 7:00pm GUN CLUB MTG	<b>9</b>  Hanukkah	<b>10</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>11</b> 1:00pm CHILDRENS CHRISTMAS PARTY
<b>12</b>	<b>13</b> 8:00pm 40/8 MTG	<b>14</b>	<b>15</b>	<b>16</b> 6:00pm GEN MTG POTLUCK	<b>17</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>18</b> 9:30am WAC MEETING 7:00pm ADULT CHRISTMAS PARTY /DINNER
<b>19</b>	<b>20</b> 7:30pm 8 & 40 MTG THIS MONTH POTLUCK 6:30	<b>21</b> Winter begins	<b>22</b>	<b>23</b>	<b>24</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>25</b>  Christmas
<b>26</b>	<b>27</b>	<b>28</b> 7:00pm GUN CLUB MTG	<b>29</b>	<b>30</b>	<b>31</b>  New Year's Eve 7:00pm BINGO 834 EMORY CIRCLE	

November 1993

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28	29	30				

January 1994

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PLEASE RENEW YOUR MEMBERSHIP

8/14/1993

# January 1994

## CENTENNIAL 209 EVENTS

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						<b>1</b> New Year's Day
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>  7:00pm EXEC MTG	<b>6</b>	<b>7</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>8</b>
<b>9</b>	<b>10</b> 8:00pm 40/8 MTG	<b>11</b>	<b>12</b> 7:00pm GUN CLUB MTG	<b>13</b>	<b>14</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>15</b> 9:30am WAC MEETING
<b>16</b>	<b>17</b> Martin Luther King, Jr. 7:30pm 8 & 40 MTG THIS MONTH POTLUCK 6:30	<b>18</b>	<b>19</b>	<b>20</b> 6:00pm GEN MTG POTLUCK	<b>21</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b> 7:00pm GUN CLUB MTG	<b>26</b>	<b>27</b>	<b>28</b> 7:00pm BINGO 834 EMORY CIRCLE	<b>29</b>
<b>30</b>	<b>31</b>					

December 1993

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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February 1994

S	M	T	W	T	F	S
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19	20	21	22	23	24	25
26	27	28				



**CHILDREN X-MAS  
PARTY**

**11 DEC 93**

**1:00 PM**

**ADULT X-MAS PARTY**

**18 DEC 1993 6:00 PM**

**5.00 GIFT EXCHANGE**

**IF PLANNING ON  
ATTENDING EITHER  
EVENT PLEASE CALL  
591-1952 AND LEAVE  
MESSAGE**

THE AMERICAN LEGION  
CENTENNIAL POST 209  
1337 N. ACADEMY BLVD.  
COLORADO SPGS CO 80909-3313  
TEL: (719) 591-2272

NON-PROFIT  
ORGANIZATION  
U. S. POSTAGE  
**PAID**  
COLORADO SPGS CO  
PERMIT NO. 192

ADDRESS CORRECTION REQUESTED

*For God and Country*

