

The Centennial



VOLUME 27 EDITION 10

October 2013

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From the Desk and Mind of the Commander

Jay Bowen

I love mythology. One in particular was from the ancient Greeks and included the “Riddle of the Sphinx.” The monster asked, “What has one voice, and is four-footed, two-footed, and three-footed?” There have been many variations of that famous riddle passed down over the years. The more popular version goes something like this. “What creature walks on 4 legs in the morning, 2 legs in the afternoon, and 3 legs in the evening?” Finally, Oedipus provided the correct answer; Man (or Woman for all you PC people).

Like most other mythological stories, this one is a great read for more than enjoyment. It also delivers a message. When we are born, we crawl. Then we learn to walk. As we get older, many of us require the aid of a cane or other device to help maintain equilibrium. Thus the question.

I have to believe that everyone reading this article has passed the morning of their life and well into either the afternoon or evening phase. And while I know some of you revert to crawling on all fours after a long night at the Fox and Hound or some other similar establishment, that doesn't mean you have regressed back to your baby stage. I am also vividly aware that some reading this are reliving your second (or third) childhood, but again that doesn't mean you've gone back to the morning phase.

I like the idea of looking at my life in this manner. I don't really know if where I am qualifies for afternoon or evening, but regardless, I intend to make the most out of the days I have left and won't wor-



ry too much about when and if I will need the assistance of an adjunct device to help me walk. The only thing I can safely state is that I have graduated from the morning of my life, regardless of what Jackie says about my state of mind.

I don't think it is as much about how we get around as it is that we do maintain some semblance of mobility. I'm not advocating we need to maintain the same pace we did in our teens, but we can't just stop and sit in a lounge chair all day and only get up to go to the bathroom or to the bedroom. We need to try and get out and enjoy life. While I would love to tell you to make getting to the Post your goal, I'm more interested in you getting out of the house occasionally and less interested in where you go. We have several events happening in the Post and around the community and would love to have you come out and join us. But even if you don't want to do that, please make a point of getting off the couch and go do something, even if it is just a stroll or ride around the block. The weather is getting pretty nice for that type of outing. And I think you'll feel better doing it.

There's a commercial on TV that's been shown several times a day. They are trying to sell you a drug and I don't know what drug they're pushing, but the message is pretty good. “A body in motion stays in motion, and a body at rest, stays at rest.” Let's have the former over the latter. It's much more fun and satisfying, and will increase our life, both in quality and quantity.

By the way, Oedipus wasn't so smart. He slept with his mother...and I don't mean as a child.

For God and Country,
Jay



Auxiliary President Jackie Bowen

I would like to welcome new Unit 209 members Gail Binder, Becky Hall, Doris Carroll, and Kaycee Velie. I was remiss in welcoming Gail when she joined a few months back. Becky and daughters, Doris and Kaycee transferred to our Unit. Doris and Kaycee are Junior members. Again, I would love to get an active Junior Auxiliary at 209. Please sign up your daughters or granddaughters so that we may get these young ladies active in our programs and community. The Junior dues are \$6.50 a year.

It's that time of year again. **Saturday Oct 26th**, we will be having our annual Halloween party. It will be potluck and begin at 4:30pm. There will be prizes for best costumes for children and adults. We will have games and/or movies for the younger ones.

October 25th begins our Butter Braid sale. It will go through November 15th with a delivery date of November 22nd. Just in time for Thanksgiving.

A few of our members are involved with a new program in Colorado Springs; "Saluting America." We are working with school Districts 11 and 49 to get the kids more involved with and learn about Patriotism and Americanism.

At the National Convention in Houston, it was voted to continue with the Auxiliary Awareness Program. This is the test program I was involved with back in May. I'm hoping once people are more aware of the Auxiliary, our membership will grow.

Please remember our October meeting will be postponed until November 2nd.

My thanks goes out to Linda O'Riley, her grandson Nate Trumble, Rob Johnson, and Jay Bowen for helping at All Patients Activities Day in Pueblo. Everyone had a good time. This year was one of our lucky ones with the weather. In the past we have had to fight to hold the tents up because of wind and last year we just took them down because we didn't want our members to go flying off trying to hold them up.

Serving Our Veterans Proudly,
Jackie Bowen

Honor Flight of Southern Colorado (HFOSC) just completed their 4th trip with 23 WWII Veterans on September 13-15. To date, they have taken over 60 WWII Veterans to Washington DC to visit the memorials erected in their honor. The HFOSC is responsible for all of Southern Colorado, 32 counties! It is not too early to start raising funds for the next trip in May of 2014. **The number of WWII Veterans they are able to take is dependent on the amount of funds raised, so I would like to announce our "Veteran Sponsorship Program."** They would like to get schools, businesses, military groups, churches, work places, Veterans groups, etc., involved in sponsoring a Veteran. The cost to take a Veteran is \$950. Fundraising to sponsor a Veteran would be at your discretion, however, they are happy to help by providing any marketing materials that you need as well as visits to your group by past recipients of our program.



In early 2014, they will assign their newly selected WWII Veterans to each group so that you may get more familiar with the Veteran that you are sponsoring! If you know a WWII Veteran that is not on the waiting list, please assist them in downloading a Veteran application on their website, <http://www.honorflightsoco.org/> and mailing in to the address provided. Also, anyone wishing to be a guardian on this next flight should make sure that they have your guardian application, also available on the website. All guardians pay their own way and the cost is \$950. The cost to the Veteran is Nothing!

Please contact Terri Ingraldi at tingraldi@q.com if your group or organization would like to sponsor a Veteran for their next trip! Please visit <http://www.honorflightsoco.org/> for more information about this wonderful group. They are a 501 (c) (3) organization, so all donations may be tax deductible. If receipts for larger donations are needed, that can certainly be provided as well. Donations are also accepted on their web page under the "Donate Now" button!



Chaplain's Corner

Volume VI



This month, I am stepping away from my normal letter to touch on the subject of the loss of a loved one.

All of us, young or old have suffered the loss of a loved one. It is not a question of if, but rather when. The loss of a loved one is never easy. I know many of you have lost wives, or husbands, children, and friends. We seldom understand why! God does say that *My ways are higher than yours, and My thoughts are also higher!*

We often find little comfort in His word at the time of a loss.

But after a while and the grief subsides, we then go back to His word, and look for answers. There are more than thirty different verses in the Bible that cover this subject. No matter if you read the NIV, NLT, KJV, NKJV, ISV, NET, the words are still the same.

We are all descendants of Adam, and we are all born into sin, and the price of sin is death. It is a cold hard fact that death will come to all of us, sooner or later.

In Revelation 21: 4 - *That there is a time when all sorrow, tears, pain, and even death will pass away.*

There is a coming, a wonderful day when God will wipe away all the tears from the eyes of his children and our sorrow will end forever! Amen.

Chet Dean
Chaplain

Remember, the Chaplain is available 24-7 for emergencies, for any member, or family member.

Rusty Bower's new column to bring a little "salt" to the post.

Origin of NAVY Terminology

Cup of Joe

Josephus Daniels (18 May 1862-15 January 1948) was appointed Secretary of the Navy by President Woodrow Wilson in 1913. Among his reforms of the Navy were inaugurating the practice of making 100 Sailors from the Fleet eligible for entrance into the Naval Academy, the introduction of women into the service, and the abolishment of the officers' wine mess. From that time on, the strongest drink aboard Navy ships could only be coffee and over the years, a cup of coffee became known as "a cup of Joe".

Rusty Bower
NAVY Senior Chief Retired

ATM

As all of our American Legion Family knows, we were able to have an ATM installed at the Post. Unfortunately, it is not getting enough use from us to keep it much longer. The company that installed the ATM is going to let us keep it for another few months. It was explained to them it will probably get more use with the lounge opening upstairs. We will just wait to see what happens in the upcoming months.

Thank you
Rusty Bower

*****IMPORTANT*****

WE URGENTLY NEED ADDITIONAL CERTIFIED GAMES MANAGERS to manage and monitor ALL games of chance such as Raffles, 50/50 Raffles and pull tabs. Colorado Secretary of State has simplified training requirements. Training can be completed on the Colorado Secretary of State---Bingo Link. Currently their office does not have local training scheduled. In the future, a training session could be set up for Post 209 but we must have a sufficient number of interested and potential trainees to justify sending a trainer from Denver. Once training is completed a copy of the games manager license needs to be on file with Post 209.

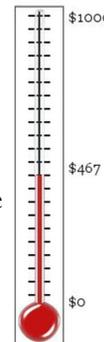
ANY QUESTIONS CONTACT: Norm Moyer (719)332-3701, Lyle Hagelberg (719)231-2364 or Robert Rydell (719)660-9677



SAL Squadron 209

CHILD WELFARE FOUNDATION GOAL \$1000

The **SAL Detachment of Colorado** has once again set a goal of \$1 per member for the Post, Unit and Squadron. Since our Legion Family continues to grow, we have a new giving target of \$1000 for the 2013-2014 donation year. Contributions already total \$467 so we are off to a great start! Please continue to fill those Piggy Banks on our dining room tables. Piggy Banks are available at the Post if you want to take one home to save your change. A filled Piggy Bank was recently turned in that contained \$51.16! Every penny, nickel, dime and quarter counts (**DOLLARS FIT TOO!**)! Thanks again to everyone who has contributed.



The 2014 Membership cards are available. Please renew now and be an "EARLY BIRD"! You will get a free dinner on October 18th at 6:30 PM. Dues are just \$20 and you can renew online or mail a check or money order made out to SAL Squadron 209 at PO Box 25334 Colorado Springs, CO 80936-5334. Our 2014 membership goal is 53 and we have a good start on that. Renewals so far have reached just over 50%. Thank you for your continuing support of Squadron 209.

Sons of The American Legion Squadron 209 Young Guns



The Young Guns of Centennial Post 209 held their first class on September 12th 2013. This Basic Marksmanship and Gun Safety course is being taught by six NRA Certified Rifle Instructors. There are 13 students enrolled in the course, which will continue for eight more weeks on Thursday evenings, starting at 6:30 PM.

The class began with an overview of the course and continued with a discussion of the proper equipment and apparel that should be used for three position competitive shooting. A safety briefing was given by our Chief

Range Safety Officer, which included range safety commands and focused on **SAFETY, SAFETY, and MORE SAFETY!** The class ended with an explanation on the operation of the Air Rifle, the basic components that make up the Air Rifle and once again, **SAFETY, SAFETY and MORE SAFETY!** The class will continue next week with aiming and trigger control, then shooting from the Bench Rest position.

Junior Shooting Committee:

Ken Taylor (Chairman)	719-495-8190	adjutantsal209@gmail.com
Rick Kettering	813-967-6680	commandersal209@gmail.com
Rusty Bower	682-478-9122	financesal209@yahoo.com
Gunny Raines	719-597-4766	gunnyr1@yahoo.com
Bill Weeks	719-597-4670	(No Email)
Chuck Sorrels	719-694-9151	(No Email)





Centennial 209 Family Calendar of Events



Post Officers 2013-2014

Office	Name	Telephone
Commander	Jay Bowen	719-574-1223
Sr. Vice Cdr	Greg Smith	520-784-3555
Jr. Vice Cdr	Lyle Hagelberg	719-594-4039
Adjutant	Larry Johnson	719-622-0344
Finance Officer	Rusty Bower	682-478-9122
Chaplain	Chet Dean	719-244-2442
Sergeant-at-Arms	Don Shuck	719-575-0539
Historian	Rob Johnson	719-421-9201
Post Executive Committeeman	Neal Thomas	719-392-1510
Service Officer	C. "Gunny" Raines	719-597-4766
Judge Advocate	Chuck Zeitvogel	719-531-0546
Club Manager	Art Kimbrel	719-339-4610



Auxiliary Officers 2013-2014

Office	Name	Telephone
President	Jackie Bowen	719-574-1223
Vice President	Linda O'Riley	719-597-5673
Secretary	Lynn Thomas	719-392-1510
Treasurer	Mary Grier	719-536-0438
Chaplain	Marion Daugherty	719-637-9555
Sergeant-At-Arms	Lois Wooton	719-599-8683
Historian	Kari Ann Smith	520-784-7193



Sons of The American Legion 2013-2014

Office	Name	Telephone
Commander	Rick Kettering	813-967-6680
1st Vice Commander		
Adjutant	Ken Taylor	719-495-8190
Finance Officer	Rusty Bower	719-478-9122
Sgt-At-Arms	Don Shuck	719-575-0539
Chaplain	Chet Dean	719-244-2442
Historian	Chuck Ford	719-597-1019

1 Nov	Hamdogger 6:30 pm
2 Nov	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
7 Nov	Post Exec Mtg 6:30 pm
9 Nov	Veterans Day Parade - Downtown Colorado Springs
15 Nov	Steak Night! 6:30 pm RSVP REQUIRED
22 Nov	Fish Fry 6:30 pm RSVP REQUIRED
28 Nov	Happy Thanksgiving!
5 Dec	Post Exec Mtg 6:30 pm
6 Dec	Hamdogger 6:30 pm
14 Dec	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am NO MEETINGS THIS MONTH!
14 Dec	Post Christmas Party! 4:30 pm Santa will visit!
1 Jan 2014	Happy New Year!
2 Jan 2014	Post Exec Mtg 6:30 pm
3 Jan	Hamdogger 6:30 pm
11 Jan	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
17 Jan	Steak Night! 6:30 pm RSVP REQUIRED
24 Jan	Fish Fry 6:30 pm RSVP REQUIRED
6 Feb	Post Exec Mtg 6:30 pm

An Opportunity to Support a Cause and Have a Great Dinner!

See the flyer below and if possible, join our friends and Legion family at Post 38 to support this worthwhile cause. The food is always good, and the reason for doing it is even better.



American Legion Riders

VETERANS HELPING VETERANS

October 19, 2013

5:00 pm till 12:00 am

Fundraising Event

Kristopher and Kellie need OUR HELP!!

"Please come and help a Soldier/Veteran/Legionnaire and his family! He was injured while serving in Afghanistan and is suffering from traumatic brain injury. He is currently recovering at the Audie L. Murphy VA hospital in TX. Anything can help!"

Kris was beaten so badly that he has no sense of smell, taste, has degraded hearing and cannot see in most directions; what he can see is in double vision. He doesn't know the ABC's, he cannot walk far or even brush his teeth without help. He remembers nothing about what happened and is just now to the point that he can recognize his wife. The sad thing is this appears to be a "friendly" act.

Highlights

- SPAGHETTI DINNER
- \$8.00 DONATION 5-8 PM
- 50/50 DRAWING
- DOOR PRIZES
- ENTERTAINMENT
- CASH BAR



American Legion Riders

CONTACT CASPER
ALR POST 38 PRESIDENT
719-246-0152
ALRCHAPTER38@GMAIL.COM

AMERICAN LEGION POST 38
6685 SOUTH MOR DRIVE
FOUNTAIN, CO 80817



A Message From Our Sr. Vice - Greg Smith

I have been watching over the last several months and I am pleased with how each of us as members of Centennial Post 209 works together. It is enlightening to see that we have a common goal; to reach out to other Veterans. The camaraderie and friendship helps us grow as a Post and lead by example in the community.

Centennial Post 209 has a goal for membership each year. This year's goal is 789. We, as a group, can make that happen by talking to others and sharing our experiences as Legionnaires. The first point of measure is October 15th. We need to be at 55% of our measured goal (434). I am pleased to say we are well all our way to make the membership goal. As of this writing, we are over 72% of our goal. With this said, I am laying a challenge to each member of Centennial Post 209. I would ask that each of you reach out to one Veteran, each week, through the middle of November and ask them to become a member. If this is achieved, we will reach our goal and become the second largest Post in the State.

Please remember the key to growth is to be proud as a Legionnaire. Talk to all Veterans and their families, and be a model in the community.



Early Bird Dinner

The Early Bird Dinner will be held on Friday, 18 October at 6:30 P.M. This a free dinner for all American Legion members, The American Legion Auxiliary members and Son's of the American Legion members who have either joined, transferred or renewed their membership before 15 October 2013. If you bring someone who is not a member of the American Legion Family there will be a slight charge of \$10.00 for the meal.

All that is required is for you to have your 2014 membership card and have made a reservation for the dinner. The RSVP is to ensure that we have enough food to feed everyone. Renew now and make your reservations.



Centennial Post 209 Halloween Party!!!



Centennial 209 Family,

Our annual Halloween Party will be Saturday, 26 October. The fun and festivities begin at 4:30 PM. This party is designed for kids of all ages.

We are making this a Pot Luck dinner, so bring your favorite Halloween dish.

Costumes are not required, but encouraged. If you don't show up in costume, you have volunteered to judge those that do. There will be prizes awarded to adults, couples, and kids.

Join us for a great evening of ghoulish fun!

THE AMERICAN LEGION
 CENTENNIAL POST 209
 P.O. BOX 25334
 COLORADO SPRINGS, CO 80936-5334

NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
 PAID
 COLORADO SPGS, CO
 PERMIT NO. 192

ADDRESS SERVICE REQUESTED

~ October 2013 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 POST EXEC MTG 6:30 PM 	4 HAM DOGGER 6:30 PM 	5
6	7	8	9	10	11	12 ALL MEETINGS CXL'D THIS MONTH 
13	14	15	16	17	18 EARLY BIRD DINNER 6:30 PM RSVP REQUIRED 	19
20	21	22	23	24	25 FISH FRY 6:30 PM RSVP REQUIRED 	26 HALLOWEEN PARTY! 4:30 PM POT LUCK! Dist. Fall Conference Post 38 - 11:00AM 
27	28	29	30	31	Notes: Our monthly membership meeting for Legion, SAL, and Auxiliary will be Saturday, 2 November. This will be the last membership meeting for 2013.	