THE AMERICAN LEGION – CENTENNIAL POST 209 P.0.Box 25334, Colorado Springs, CO 80936-5334 719-599-8624 al209@pcisys.net

June 2005 – NEWSLETTER

Membership Meeting

Saturday June 11, 2005 TREA, Meeting 10:00 AM

Officers' Comments

COMMANDER-Bill Marshall

I thank all of our members for their support of the Post this past year. We are moving in a positive direction and over the next year, I hope to see an increase in membership and hopefully in member participation. You are what makes this Post go.

June General Membership Meeting

We will discuss the general business at hand, as there is no speaker planned. We will have the final word on the picnic planned for July 16.

Below is a follow-on article to the visit we had at our May meeting from Kathy Scally, Director of Clinical Services, Preferred Hospice. It concerns hospice care, and I think it is of importance to all members. Please contact her at the address following the article, if you have questions.

Hidden Healthcare Benefits

Everyone wants to capitalize on their healthcare benefits, but few realize there are services for end of life care that are covered by their insurance. Hospice services provide care for people when cure is no longer possible. These services can be provided at home, in independent or assisted living centers, at Alzheimer's units or in long-term care facilities.

Hospice services provide medications that are related to the hospice diagnosis as well as pain control. They also provide medical equipment such as hospital beds, wheelchair and specialized equipment. Hospice also provides nursing services, nursing assistants to help with activities of daily living, social work services, and Chaplain and bereavement services.

Hospice services are covered by Medicare, Medicaid and most commercial insurances. Tricare and Tricare for Life also cover hospice benefits. Anyone with a life expectancy of 6 months or

less qualifies for hospice. Anyone who can no longer be treated, or whose treatment fails can receive hospice benefits; hospice is not just for incurable cancer.

As with every component of healthcare you have a choice. There are many hospices to choose from. How do you know what to look for in a hospice? You must call and find out specifically what the hospice offers. Can the visits be tailored to your needs? Is there a nurse available 24 hours a day? What professional services are offered and will they meet not only your needs, but also your family needs? Will you see the same staff routinely? What specific medications and equipment can they provide? How many times a week can you expect to see each hospice team member? When can an admission take place?

The hospice benefit requires your physician to write the initial order. You, as the healthcare consumer, must be knowledgeable of all your benefits and discuss your options with your healthcare providers. Hospice can provide valuable support at a time when you need it the most. Call your local hospices and find out if they can provide the services you need.

Kathy Scally, RN, MSN, ANP-BC Director of Clinical Services Preferred Hospice 655 Southpointe Court #200 Colorado Springs, CO 80906 (719) 226-0091

JR. VICE COMMANDER - W.W. Bandler

I would like to apologize to our newest member who attended his first meeting on May 14th. The Post is having its annual picnic on July 16th from 1200 to 1600 hours. This year it will be at the pavilion in Palmer Park, located at Academy and Maizeland Road. Our Post Bar-B-Q specialist Larry Johnson will have his grill, so bring your hamburgers, hot dogs, etc. Please bring a side dish, snacks or dessert to share. Don't forget plates, eating utensils, and cups. Bring your spouse or significant other and children. A lawn chair might be more comfortable than a picnic bench. Weather should not be a problem since we have a pavilion. Please plan to attend.

Finance Officer - Norm Moyer

I have received a shipment of 100 American Legion Auto Magnets, and I have provided them to the Post for donations. The American Legion Auto Magnet has red and white stripes, blue stars, and the key words of "Honor, Loyalty, Service, Americanism" across the stripes. The center has the yellow and blue American Legion insignia. This magnet symbolizes the American Legion's outstanding contributions to our country and servicemen. A suggested minimum donation is \$5.00. Executive Committee Members/Board of Trustees may order them by return e-mail. Post members or any Legionnaire interested in the magnets may submit a donation check payable to The American Legion Post 209 at the following address:

American Legion Post 209 P.O. Box 25334 Attn: Finance Officer Colorado Springs CO 80936-5334

I will personally mail the magnet to the individuals/members. Also, The American Legion Auto Magnets will be at the Executive/Trustee meetings on June 9 and July 7, as well as at the General Membership Meeting, June 11, and the Picnic, July 16.

ADJUTANT - Ann Foster

Membership

We are up to 310 members for 2005 and that is about 108% of our goal. Way to go everyone!

Cub Pack 24

The Pack has now finished its meetings at Washington Elementary for this school year. The boys are looking forward to Zoo Day on June 4th and Sky Sox Day on June 10th as well as Day Camp in July. Several of the boys received their achievement awards at the May 18th meeting, and there was also the ceremony for each of the boys moving up to the next level. There will be a planning meeting in June for the coming year and I will have more on that later. The Pack needs a Wolf Leader and a Bear Leader. If any of you are interested, please call Dianne, the Committee Chair, at 447-0733, or leave me a message at the office, 599-8624.

Post Records

I did receive my online test requested copy of my DD Form 214, so this is a way of getting one in case you can't find yours. The website is http://vetrecs.archives.gov. So, get your DD Form 214, for your family's sake as well as our needs.

CHAPLAIN – Mario Taracena

SURRENDER OF GERMANY

In the spring of 1945, the USA was on the verge of leading the allied forces to victory. A year earlier, Allied Forces under General Eisenhower invaded Europe through the coast of Normandy. The US troops advanced gradually on France, Holland, Denmark and Germany. The USSR (Russia), armed and supplied by the USA, had taken the Eastern front and was closing on Berlin.

In March President Roosevelt returned from Yalta, Russia where he had met with Churchill and Stalin to discuss postwar issues and territorial problems because Germany and Japan were on the brink of defeat. Roosevelt's health became very precarious, and though he had just been reelected, he suffered a massive stroke and died. On April 12, 1945, Vice President Truman was sworn in as the new President of the United States.

Shortly after, Hitler killed himself in a bunker in Berlin on May 7th, 1945, and the German High Command surrendered unconditionally to General Eisenhower. A proclamation to the American people announcing the surrender was broadcasted the next morning. President Truman stated:

"The Allied armies, through sacrifice and devotion and with God's help have wrung from Germany a final and unconditional surrender. The western world has been freed of the evil forces which for five years and longer have imprisoned the bodies and broken the lives of millions upon millions of free-born men. They have violated their churches, destroyed their homes, corrupted their children and murdered their loved ones. Our Armies of Liberation have restored freedom to these suffering peoples whose spirit and will the oppressors could never enslave."

After six catastrophic years, the war against Nazi Germany was over. The price was extremely high in lives, human suffering and destruction. The United States of America lost 407,000 troops and 6,000 civilians.

Thank you so very much, World War II veterans, for your tremendous sacrifices in defense of freedom. You sustained a lot through the dark days and adversity of the war.

Programs Supported by Post 209

-Pikes Peak Veterans Council -Service to Veterans

-Veterans Day Parade -Scouting -Jr. ROTC -Boy's State

-Crawford House for Homeless Veterans -Jr. Shooting Program -Oratorical Contest - Stand-Down for Homeless Veterans

Coming Events

4 June—Open House All Day, PAFB, see the Thunderbirds

5 June---Post 1980, Woodland Park, Pig Roast

9 June---Ex. Comm.& Brd. of Trustees mtg. 6:30 PM

10 June----Dedication Air & Space Museum, PAFB, 5:30 PM

11 June --- General membership meeting 10:00 AM TREA

12 June---Start of Boys State, CSU, Pueblo

16 June---Boys State Banquet, CSU, Pueblo, 6:00 PM

17 June---Conclusion of Boys State

18 June---Retiree Appreciation Day, Arnold Hall, AFA, 9:00 AM

23-25 June----D.E.C. meeting, Opening of Department Convention, Westminster, CO, and **Election of Officers**

2004-2005 Ad Hoc Committees

Constitution and Bylaws - Neal Thomas, 719-392-1510

Property Inventory

-Office - Ann Foster, 719-599-8624

-Storage Unit - Larry Johnson, 719-622-0344

Auxiliary Liaison - Bill Marshall, 719-495-0088

Sons of the American Legion - Larry Johnson, 719-622-0344

2005-2006 Board of Trustees

Chairman – Neal Thomas
Secretary – Alton Cyriaque
Finance Officer – Norm Moyer
Commander – Bill Marshall
Member (3yr) – Alton Cyriaque
Member (3yr) – Chuck Zeitvogel
Member (2yr) – Ann Foster

Member (2yr) – Ann Foster Member (1yr) – Neal Thomas Member (1yr) – Larry Johnson

2005-2006 Meetings

Post Executive Committee meets 1st Thursday of the month at 4291 Austin Bluffs Pkwy., Ste. 104, at 6:30 p.m.

Board of Trustees meets 1st Thursday of the month at 4291 Austin Bluffs Pkwy., Ste. 104 immediately following Post Executive Committee Meeting.

2005-2006 Post 209 Officers/Executive Committee					
Commander Sr. Vice Commander Jr. Vice Commander Adjutant Finance Officer	Bill Marshall W. W. Bandler Open Ann Foster Norm Moyer				
Historian Sergeant-at-Arms Chaplain Judge Advocate Service Officer Post Ex. Committeeman Past Commander	Curtis Wash Robert Rydell Mario Taracena Larry Johnson Tom Morant Neal Thomas Chuck Zeitvogel				
2004-2005 Auxiliary Unit President Secretary/Treasurer Chaplain Sergeant-at-Arms	Dot Dassero Barbara Johnson Open Open				

Calendar

June 2005							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Bunday	IVIOIGUY		1	2	3	4 Open House Peterson AFB	
5 Woodland Park Post 1980, Pig Roast	6	7	8	9 EC Mtg.	10 Air & Space Museum Dedication PAFB, 5:30 PM	11 Meeting 10 AM	
12 Start of Boys State	13	14	15	16 Boys State Banquet	17 Conclusion of Boys State	18 Retiree Appreciation Day Arnold Hall, AFA, 9 AM	
19 Father's Day	20	21	22		24 Dept. Convention DEC, Westminster	25 Election of Dept Officers	
26 Conclusion Dept. Conv.	27	28	29	30			

HAPPY FATHER'S DAY