

The Centennial



VOLUME 27 EDITION 3

MARCH 2013

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From the Desk and Mind of the Commander

Jay Bowen

I know you've heard the expression; "when you're handed lemons, make lemonade!" This advice has been used to represent many things over the years and should be kept in the back of all our minds.

For me, I hear this most often when something doesn't go my way or I'm disappointed in the outcome of an event. I think it is probably true for many of us. Maybe the new job you finally landed turned out to be something just shy of life on a chain gang. Or you may have wound up on the short end of what you initially believed was the most lucrative business deal of the century (the stock market comes to mind).

A few short months ago we had a general election. As with every election at the local, state and national level, there are winners and there are losers. Depending on how you voted and/or possibly campaigned, you may have celebrated the many victories of your chosen candidates or you possibly wallowed in pity over the losses. If the person you were backing didn't win, you probably believe we are going to "hell in a hand-basket." Make some lemonade!

Our great country has survived and thrived for almost 237 years. Every time we held an election, we had some people so distraught they believed Armageddon was imminent. Yet, not only did we survive, we continue to show the world we are the best and strongest nation in history. We are blessed to live in a country with checks and balances that keep our elected and appointed officials in place and focus. We are free to choose our leaders and even speak out for and against those seeking public office. And

Reservations and RSVP go to Jackie Bowen (574-1223) jackiebowen2005@yahoo.com, or Lynn Thomas at 439-6268



every year, two, or four, we get to do it again. There's your lemonade. Drink up!

Speaking of elections, we have one coming to our Post in April and also at our Department level in June. At our April general membership meeting, we have the opportunity to elect or re-elect Post officers to lead and guide our Post into 2013/2014. Every Post position with the exception of Judge Advocate and Service Officer (both appointed by the Commander-elect) are open. I would love to see every single position challenged. This would let us know we have members anxious to step up and want to take a leadership role in our continued growth and success. If you don't nominate/self-nominate for a position and you are not happy with the outcome, then get your lemons squeezed because you will have to make some lemonade. I will tell you however, I am blessed that since serving as Commander, I have not had a single lemon serving with me. And I cannot imagine our Post getting lemons after this election ends.

If you don't want to run for an office position, please continue your support of those who are elected. The 12 people we have as our Post's Executive Committee simply cannot do everything that needs to be done as they represent the more than 700 Post members. And no matter if it is a Post, Department, local, State, or Federal position; support those who are serving. Remember, you don't have to respect the person, but you should always respect the office.

Even if all you can/want to do is set up a lemonade stand, I'll take a glass...with a little Jack in it.

For God and Country,

Jay



Auxiliary President Jackie Bowen

Please welcome our newest member Gail Shetler. Gail joins us under the sponsorship of her son, Robert. We have two members with sons deploying the end of February. Please keep them and all our active duty military and their families in your prayers.

One of our members, Julie Woods is being honored with a "2012 Hometown Hero" award. She worked 24/7 during the Waldo Canyon fire managing a safe haven at the Norris-Penrose Event Center for horses displaced as a result of this wild-land fire. Some of you met Julie when she helped decorate the truck for the Veterans Day Parade. Be sure to congratulate her the next time you see her. She will be honored on March 21st at the Antlers Hilton along with heroes recognized in other categories. We will have more about Julie's outstanding accomplishments and service coming soon.

March 28th we will be hosting a luncheon for our National Auxiliary President, Peggy Thomas. Mark this date on your calendar and please try to attend. We will be inviting all of District 7 to include Legionnaires and SAL members. I would hope our Unit would have the most representation since we are the hosting Unit. The luncheon is at no cost to you but we will need everyone to RSVP.

It's time again to elect **NEW** Officers for the Auxiliary. Between now and the elections in April, we will be receiving nominations for all positions. The offices and a short explanation of the positions are: President - to conduct meetings of the Unit and Unit Executive committee; Vice-President - assist the President and in the absence of the President perform her duties; Secretary - record all proceedings and maintain those recordings; Treasurer - receive all money belonging to the Unit and account for them; Chaplain - offer opening and closing prayers at the meetings; Historian - compile historical records of the Unit and send reports to Department; and Sergeant-at-Arms - preserve order at the meetings. All positions are open and we ask that you consider stepping up and help us continue our efforts to support the Post and our Veterans. We will also accept nominations from the floor up until the elections. We strongly encourage you to self-nominate for any position.

Serving our Veterans Proudly,



Sons of The American Legion Squadron 209

The \$800 Goal for the Child Welfare Foundation has been reached!

A big **THANK YOU** to everyone who has contributed! The Child Welfare Foundation Dinner will be held April 6th, 2013 at Post 161 in Arvada. We will present the Post 209 Legion Family donations to the Detachment of Colorado at that time. **THANK YOU AGAIN TO ALL WHO HAVE CONTRIBUTED!**

The donation year for the Child Welfare Foundation normally runs from June 1st of any given year to May 31st of the next year. Since the goal has been reached for this donation year, the SAL Squadron voted to give all funds collected in the Piggy Banks from now through May 31st, to the Mike Moss campaign for SAL National Commander. Mike is the 2nd Colorado member to be considered for selection to this high office. You will be hearing more about the campaign in the coming months.

*****REMINDER 2012 SAL Memberships expired on December 31st REMINDER*****

Please make out a check or money order to SAL Squadron 209 and mail it to the Post or you can pay through PayPal at www.americanlegioncoloradosprings.org.



Post Officers 2012-2013

Office	Name	Telephone
Commander	Jay Bowen	719-574-1223
Sr. Vice Cdr	Mark Krzeczowski	719-282-1380
Jr. Vice Cdr	Lyle Hagelberg	719-594-4039
Adjutant	Larry Johnson	719-622-0344
Finance Officer	Rusty Bower	682-478-9122
Chaplain	Chet Dean	719-244-2442
Sergeant-at-Arms	Don Shuck	719-575-0539
Historian	Gary Baumann	
Post Executive Committeeman	Neal Thomas	719-392-1510
Service Officer	C. "Gunny" Raines	719-597-4766
Judge Advocate	Chuck Zeitvogel	719-531-0546
Past Commander	Bill Marshall	719-495-0088
Club Manager	Art Kimbrel	719-339-4610



Auxiliary Officers

Office	Name	Telephone
President	Jackie Bowen	719-574-1223
Vice President	Linda O'Riley	719-597-5673
Secretary	Lynn Thomas	719-392-1510
Treasurer	Mary Grier	719-536-0438
Chaplain	Marion Daugherty	719-637-9555
Sergeant-At-Arms	Lois Wooton	719-599-8683
Historian	Joan Ciani	719-579-9194



Board of Trustees 2012-2013

Term (Years)	Name	Telephone
President (3 yr)	Neal Thomas	719-392-1510
Commander (1 yr)	Jay Bowen	719-574-1223
Finance Officer (1 yr)	Rusty Bower	682-478-9122
Member 3 Yr	Norman Moyer	719-392-3725
Member 3 Yr	Alton Cyriaque	719-495-4732
Member 1 yr	Chuck Zeitvogel	719-531-0546
Member 1 yr	Bill Marshall	719-495-0088



Sons of The American Legion 2012-2013

Commander	Chet Dean	719-244-2442
1st Vice Commander	Rick Kettering	813-967-6680
Adjutant	Ken Taylor	719-495-8190
Finance Officer	Rusty Bower	719-478-9122
Sgt-At-Arms	Don Shuck	719-575-0539
Chaplain	Chet Dean	719-244-2442
Historian	Chuck Ford	719-597-1019



Centennial 209 Family Calendar of Events

4 Apr	Post Exec Mtg 6:30 pm
5 Apr	Hamdogger 6:30 pm
13 Apr	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am ELECTION OF OFFICERS!!
16 Apr	Lunch with the National Commander of The American Legion 12:30 pm RSVP REQUIRED
19 Apr	Steak Night 6:30 pm RSVP REQUIRED
26 Apr	Fish Fry 6:30 pm RSVP REQUIRED
27 Apr	Job Preparation Seminar 8:00 am - 12:00 pm
2 May	Post Exec Mtg 6:30 pm
3 May	Hamdogger 6:30 pm
4 May	Prospectors Gun Show
11 May	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
17 May	Steak Night 6:30 pm RSVP REQUIRED
19 May	District 7 Convention — Post 25 in Florence, Colorado 11:00 am
24 May	Fish Fry 6:30 pm CANCELLED THIS MONTH ONLY!
27 May	MEMORIAL DAY!
6 Jun	Post Exec Mtg 6:30 pm
7 Jun	Hamdogger 6:30 pm
8 Jun	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
14 Jun	Flag Day US Army Birthday!
20 – 23 Jun	Department Convention Fort Collins
21 Jun	Steak Night 6:30 pm RSVP REQUIRED
28 Jun	Fish Fry 6:30 pm RSVP REQUIRED

Reservations and RSVP go to Jackie Bowen (574-1223) jackiebowen2005@yahoo.com, or Lynn Thomas at 439-6268



Post and District 7 Elections Coming Soon!

At our General Membership meeting in April, we elect/re-elect Officers to lead our Post through 2013/2014. All positions are open and you are encouraged to step up. A short overview of each position follows.

Roles and Responsibilities of Officers

Commander: You are to supervise the duties of all other Officers. You are to preside at all meetings, so familiarize yourself with policies and traditions of your Post and The American Legion.

Adjutant: Also known as the "First Sergeant." You are the Secretary. Post information will revolve around you. The Adjutant is the Post personnel officer; maintains membership records, minutes of meetings, checks up and assists with the work of the other Officers and Committees. You publish official orders; announcements and instructions.

Senior Vice Commander: Your primary concern is membership. No Post can survive without good membership. You should also be familiar with ceremonial protocols for regular meetings. A Vice Commander must be ready to fill in for the Commander upon a moment's notice.

Junior Vice Commander: You must be ready to promote your Post. The Commander will depend on you to provide programs that spice up the meetings and attract attendance. You should contact other Veteran and civic organizations so that each patriotic holiday and observance receives the attention it deserves. You are concerned with the pageantry of the Legion. You should also be concerned with the welfare of all fellow Veterans as well as with Veteran's affairs and rehabilitation committees.

Finance Officer: You will serve as chair of the Finance Committee and will be in charge of receiving and disbursing all Post funds. You will work closely with the Post Adjutant in all matters relating to the finances of your Post. You will advise the Post Commander on the financial health of the Post.

Service Officer: You should be a dedicated person and have a deep interest in Veterans, the Post and the community. You are responsible for bringing to the attention of all Veterans and their dependents the rights and benefits granted to them by law. You must know how to utilize the expert services available through Legion channels as well as through local agencies. You should be ready to visit dependents upon a death of a service member. You may be called upon to serve on the Veterans Affairs and Rehabilitation Committee as chair as well as working with children and youth committees or making hospital visitations. Appointed by the Commander-elect.

Chaplain: You must be a person capable of moral and intellectual leadership. You work closely with all other Officers of the Post. You should attend all meetings of the Post and Executive Committee. You should be ready to officiate when requested, at funerals of members. The Chaplain must also be ready to provide service to bereaved families of Post members.

Sergeant-at-Arms: You should know how to arrange the meeting hall, assist the Post Commander and Adjutant. You are the custodian of the Colors and in charge of Colors details during the presentation and retirement ceremonies. You should know how to display flags and their proper presentation. You are also responsible for maintaining order at all meetings.

Historian: You have the responsibility of preserving and compiling the records/photos (specifically through our Scrapbook and website) of our Post. You are encouraged to attend Department and District Conventions.

Post Executive Committeeman: You are a voting member of the Post Executive Committee, which is entrusted with the government and management of the Post. You are responsible to represent the interests of the Post membership.

Judge Advocate: You will supply professional advice in the conducting of the Post business or to procure proper counsel. You are the interpreter of the Constitution and By-Laws of our Post. You may be asked to assist in auditing Post financial accounts. Appointed by the Commander-elect.



From the Junior Vice Commander Lyle Hagelberg

I don't know if any of you have ever had the need to be a patient at a major military or VA medical center but if you have and if you had a family at that time you may have heard of The Fisher House. These are houses built by the Fisher House Foundation and given to the US Government as gifts. Currently, there are 57 houses located in the United States and Germany. The houses are between 5,000 and 16,000 square feet with eight to 21 suites. The houses can accommodate 16 to 42 family members. There is a common kitchen, laundry facilities, big dining room and a living room with library. And, there are toys for children.

These are homes away from home for families while their Veteran is undergoing medical treatment at nearby medical centers. Military service secretaries and the Secretary of Veterans Affairs are responsible for the operation and maintenance of the homes. The Fisher House Foundation is a not-for-profit organization under section 501(c)(3) of the IRS code. They build new houses and assist with the coordination of private support and encourage public support for the homes. Eligibility is determined by local hospital or installation commanders.

Families do not pay to stay at Fisher Houses; all fees are underwritten by Fisher House Foundation. The homes are usually within walking distance of the medical center or there is available transportation. I became interested in these houses while working for the Federal Service. Each year we were asked to contribute to the Combined Federal Campaign. I wanted to give my money to something that helped fellow Veterans so I picked this organization after checking to see how much money went to their overhead. I was satisfied. Since then, each time a Veteran friend of mine dies I send a gift in their name to a local Fisher House, that satisfies some of my desire to help other Veterans. The foundation has estimated that these houses logged over 160,000 family lodging days and the families were saved some \$192 million in lodging and transportation costs. That is a bunch! You can find more information at 'www.fisherhouse.org'.



Post Fundraising

raise \$7,500.00 to help defray the cost of sending Boys and Girls to Boys State, and Girls State in June, and to update the Post computer systems.

We are offering a card packed with 75 valuable money-saving discounts, some of which can be utilized more than once. We are asking a donation of \$10.00 for each card. The Post keeps \$5.00.

Can YOU help us?

The Legion Family member who sells the most BOGO cards by 15 Mar 2013 will receive a



From the Scout Coordinator John Brown

It's that time of year when we gather as friends to support the Boy Scouting Annual Breakfast fundraiser. I am hosting a table again this year and we would enjoy your presence in watching the Scouts of the Pikes Peak Council receive awards for their contributions to Scouting. This year we are honored to have Retired Army Lieutenant General Ed Anderson as our guest speaker. The breakfast will be Thursday, 21 March 2013 at 7am at the Antlers Hilton, 4 South Cascade Ave. The breakfast and parking are free, but we encourage donations to help our Friends of Scouting Campaign. If you can't attend, visit www.pikespeakbsa.org/donate to pledge for the Frontier District, John Brown's table.



Happy Birthday American Legion

The American Legion will be celebrating 94 years of service to the Veterans and the Communities in which we live.

On the 15th of March, which is also Steak Night, we will be celebrating The American Legion birthday.

Come on down and help us celebrate this event. Please make your reservations NOW.



Peggy Thomas
National President

Unit 209 will be hosting a luncheon and visit from the National President of the Auxiliary.

Peggy Thomas, the National Auxiliary President from the Department of Virginia, will be visiting Colorado and Colorado Springs, 28 March 2013.

There will be a luncheon for Peggy at Post 209 on the 28th of March beginning at 12:30 pm. All members of the Legion Family are invited and encouraged to attend and meet the President.

This is the first time Unit 209 will be hosting The National President of the Auxiliary.

Please make your reservations by calling Jackie Bowen or Lynn Thomas.



From The Judge Advocate Chuck Zeitvogel 2013 AARP Tax-Aid Sites

Individuals with uncomplicated tax returns may get FREE assistance. Sites listed below work on an appointment basis, but some will take walk-ins. Check ahead of time. Documentation needed include Social Security cards or documentation showing Social Security Numbers for all persons listed on the tax return, check book showing Routing & Account Numbers for electronic deposit, W-2/1099 Forms (that show Interest, Dividend, Stock Transitions) & Form SSA-1099 Social Security Benefit Statement if applicable).

Discover Goodwill (Garden of the Gods road)
Mon, Wed, Fri: 9:00 am - 4:00 pm

Holy Apostles Church (North Carefree at Oro Blanco) Fridays: 9:00 am - 4:00 pm

Sunnyside Christian Church (Constitution at Murray Blvd) Tuesday: 9:00 am - 3:00 pm

Silver Key (Bott Ave W of 21st St) Mon & Thursday: 9:00 am - 12:00 noon

Senior Center (Hancock Avenue) Mon and Wed: 1:00 pm - 5:00 pm

Fountain Community Center Tuesdays: 9:00 am - 3:00 pm

Virtual Intake Site West Cares (West Colorado at 20th St) Mon, Wed, Thursday: 9:00 am-12:30 pm

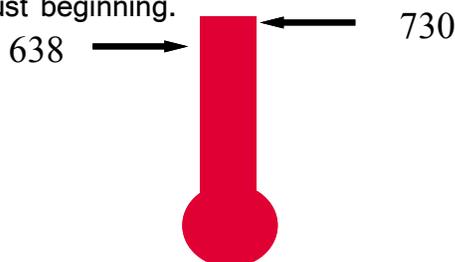
Novell Simpson Center (925 S. Institute St., Wed: 9:00 am - 4:00 pm

Walt Fortman Community Center (501 East Iowa St, Fountain, CO) Thursdays: 9:00 am-4:00 pm



FROM THE MEMBERSHIP TEAM

The Thermometer says it all! Thank you for helping us grow. We have reached another All-Time High in membership. Don't stop now, we are only just beginning.



Post 209 Easter Egg Hunt

Post 209 will host an Easter Egg Hunt for Legion Family Members and their guests.

Saturday

30 March,

2:00 pm.



This event is open to Legion, Auxiliary and SAL members, their children and guests ONLY.



Sons of The American Legion Squadron 209

SAL Five Point Program of Service

This is a study program for older members. It consists of five separate points. The points are for Patriotism, Citizenship, Discipline, Leadership, and Legionism. After completing each step there is a medal to be awarded.

Point number 1 is for Patriotism, requires the member to have a knowledge and history of the flag as well as the proper way to display and respect it.

Point number 2 is for Citizenship, requires the member to show his usefulness in outside activities and display a working knowledge of the qualities of a good citizen.

Point number 3 is for Discipline, is for the member who shows respect for rules and obedience to them in all his activities.

Point number 4 is for Leadership which is for the member who shows qualities of leadership in different situations.

Point number 5 is for Legionism where the member shows that he understands the ritualistic work as well as the program of activities for the SAL

After all five stars are received by the member; he is eligible to receive the Five-Star Medal for perfection in SAL work.

All SAL members are eligible and are encouraged to earn these medals. The Study program is going to be posted on our website. More information about the program is in the SAL handbook. If you need a copy of the handbook you can get a printed copy or an electronic copy sent to you by e-mail. Send your request to vcommandersal209@yahoo.com.

Job Search Seminar

Post 209 will be hosting a Job Search Seminar. We are setting the date of 27 April as the tentative date. If you know anyone transitioning from the military, former military, or a family member of a Veteran looking for a job, let them know about this seminar. We will be limiting to 65 attendees so registration will be required for this free seminar. Details will be announced later and will be in the April newsletter.

Subjects to be covered include:

- Keeping your job search on track
- Coping with being out of work
- Different parts of the job search process
- Key points about resumes
- Your stories and why they are important
- Networking; How and Where
- Preparation for the Interview, "The Most Important Business Meeting of Your Life"
- Planning the Interview and Why
- Day of the Interview
- Follow-up of the interview

This seminar will be packed with information and practical application about the Job Search.

Be sure to tell your family and friends.

William Burd - Senior Career Advisor

Election Notice

Elections for Post, Unit and SAL positions are coming at our regular meetings in April. If you are interested in serving and can't attend the meetings in April, just send a letter or email the Adjutants and/or Secretary of the organizations indicating your interest and desire to serve if nominated and elected. By the way, self-nominations for a position in any of our Post 209 Legion family organizations are not only allowed, they are encouraged. Be a part of the solution; not a part of the problem!

See you in April!

The Post 209 Legion Family Leadership

THE AMERICAN LEGION
 CENTENNIAL POST 209
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 COLORADO SPRINGS, CO 80936-5334

NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
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ADDRESS SERVICE REQUESTED

~ March 2013 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 HAMDOGGER 6:30 PM 	2
3	4	5	6	7 POST EXEC 6:30 PM 	8	9 BREAKFAST 9:00 AM MEETINGS 10:00 AM SAL MTG 11:30 AM Sertoma Gun Show 
10 Sertoma Gun Show	11	12	13	14	15 STEAK NIGHT 6:30 PM RSVP REQUIRED 	16
17 St. Patrick's Day	18	19	20	21	22 FISH FRY 6:30 PM RSVP REQUIRED 	23
24	25	26	27	28 National President Luncheon 	29 Good Friday	30 EASTER EGG HUNT
31 Easter	Notes:					

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