

The Centennial



VOLUME 28 EDITION 11

November 2013

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From the Desk and Mind of the Commander

Jay Bowen

How many of you have a “Bucket List?” How many of you have done one or all the things on your list? It’s been my experience that those of us who have a list, it is so “out there” that unless we hit the Lottery, we will probably never do and/or see everything we’ve put on it. How sad. I gotta ask you, “Why put yourself through this?” Why have this extraordinary list of things you think you want to see or do before you die, when in reality you will probably never check everything off the list? Don’t misunderstand, I’m not saying you shouldn’t have a Bucket List and I’m not advocating it should be filled with less ambitious items, such as “touching your toes,” I’m suggesting a Bucket List that says you want to climb Kilimanjaro and then have some “Pail Notes” that maybe has climbing Pikes Peak (or in my case, driving up Pikes Peak). I believe our Bucket List is for those grandiose things we may never do. But our Pail Notes can be more realistic. So I won’t play Pebble Beach. But maybe I’ll be able to get on at The Broadmoor.

I am a firm believer in raising the bar. But I too often see people raise it so high they will never be able to jump or even pole vault over it and they wind up even more depressed than they would have been if they had not even created the list. To prevent this, go ahead and create a Bucket List, but also have some Pail Notes as well. I submit you will have just as much fun trying and planning to do those things as you will your Bucket List. And when you actually check one of those items off, you’ll feel pretty good about it because you will feel your life is just a little bit more full for doing those things you thought you would never do. I guess I’ve had a Bucket List and Pail Notes for several years; some of them written down, but most have been filed away in my mind.



I mentally or physically check them off when I complete an item on the list/note.

You know, I may never get to play golf at St. Andrews (the oldest golf course in the world), but I have already played a round at Torrey Pines (probably only the golfers will understand the significance of this). And I seriously doubt I will ever play on stage of the Grand Ole Opry (I think they still require talent to do that), but I have performed in a few NCO/Officers clubs and even a nightclub back in the day. As I accomplish a few items and as I grow older, I think of more and more things I want to do before the Lord calls me home. And since I don’t know when that will be, I am starting to get more and more antsy about doing some of the things on my list.

I used to think having a Bucket List or even Pail Notes was kind of dumb. But the more I think about it, the more I realize that it really isn’t about the list; it’s about living. Never was this driven home more clearly to me than during a recent visit to McCandless VA Nursing Home in Florence. As I was going through several of the rooms meeting and greeting our graying heroes, I met a Veteran who from all appearances was very mobile in mind and body. He seemed to have a sharp mind and didn’t require any assistance walking around. As with many of the others I met that day, I asked him if he would like to join The American Legion (our District pays their membership). He looked at me and said he didn’t want to join anything. He said he was just sitting around waiting to die. This guy needs a Bucket List and Pail Notes.

Don’t sit around and wait to die. Get out and enjoy this beautiful world! Check off another item on your Bucket List and/or Pail Notes this month.

For God and Country,
Jay



Auxiliary President Jackie Bowen

Thank you Ladies for sending in your membership renewals so promptly. We're almost to the halfway mark. Please remember that if you haven't renewed by Dec 31st National will consider you delinquent. For continuous membership, you would have to pay for 2013 & 2014 or begin your membership from scratch as a new member. Just a reminder from our National web site, "As a member of the American Legion Auxiliary, you and your family now have exclusive access to a wide variety of discount services, insurance products, and professional financial services." Visit the National Auxiliary web site to learn more about these benefits.

For those of you without computer access, we received a very nice "Thank You" note from our adopted troops. Their Unit is in an area without access to an Exchange or anything similar, so the items are much appreciated. Don't forget Nov 9th is the annual Veterans Day Parade. We will be decorating the truck Friday Nov 8th. I don't have a time scheduled yet but I will let you know as soon as I do. If you would like to help us decorate the truck and don't have computer access please call me and let me know and I can give you all the details. Also, at 7:30am Nov 9th, I will be downtown to decorate the grandstands and stage. If you would like to help with that please let me know. The theme for the parade this year is "Spirit of the Warrior."

We have a lot happening in the next couple of months, so be sure to read the calendars and call if you have any questions.

Butter Braids will be delivered Nov 22nd at noon. If you placed an order and want it for the holidays, be sure to mark your calendars for pick up.

October 9th I attended the Veterans Day Parade kickoff reception. I met and talked with the Grand Marshall of the parade, Jacque Hobbs. Jacque is a remarkable young man and to look at him you can't tell he is suffering from wounds resulting from combat. It was difficult for him, but he shared his combat experiences with us and yes I cried because I couldn't help his hurting. God Love Our Troops!

Happy Thanksgiving!

Serving Our Veterans Proudly,
Jackie Bowen



Veterans Day Parade!

Join us Saturday, 9 November to walk or ride in the Colorado Springs Veterans Day Parade. We will have a float and you are welcome to ride if you don't want to walk. We will meet downtown at 0900, and step off at 1000. Our Scout Packs (386 and 24) will be with us as well as the Southern Colorado Honor Flight team.



If you've never participated in the Veterans Day Parade, you're missing out on an exhilarating experience. It feels great passing the citizens of Colorado Springs with them clapping, saluting, and yelling "Thank You for your Service!"

What a great way to spend the morning.



Chaplain's Corner

Volume VII



In my last article, I talked about loss! It was certainly a hard month for all. Let us keep each other in prayer.

How many of you know what is the Great Commission? Simply, it was the words given by Jesus Christ just before His ascension back to heaven after "He had Himself purged our sins" and "sat down at the right hand of the Majesty on high" (Hebrews 1:13). Most churches cite this passage from Matthew 28 in their doctrinal statement or bylaws as fundamental to their responsibility to serve the One who is Head of the church (see Ephesians 1:22).

"Make disciples" is the translator's choice for the Greek verb (matheteuo, which is simply the verb form of the noun matheto", "disciple." Together, the words for disciple and its companion term manthano, means to learn. This term is used nearly 300 times in the New Testament. The obvious application for the commission to "make disciples" is to "make learners."

This is not a sermon but rather words to ponder as we are all Veterans or family of Veterans, and sometimes our trails are almost too much to bear. We are all often tested to the breaking point.

If you know of someone who is shut-in or sick or in a nursing home, give them a call, or better yet go visit them. Words of kindness are words of healing. Let them know that someone still thinks about them and cares about them!

Chet Dean
Chaplain

Remember, the Chaplain is available 24-7 for emergencies, for any member, or family member.

Rusty Bower's new column to bring a little "salt" to the post.



Log Book

Origin of NAVY Terminology



In the early days of sailing ships, the ship's records were written on shingles cut from logs. These shingles were hinged and opened like a book. The record was called the "log book." Later on, when paper was readily available and bound into books, the record maintained its name.

Rusty Bower
NAVY Senior Chief (Retired)



Post 209 is "Saluting America" with D11 and D49!



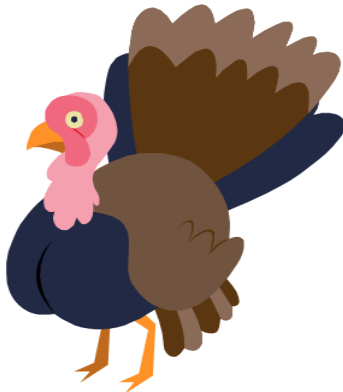
The American Legion, Department of Colorado, and especially Post 209 and our District have partnered with the "Saluting America" project (www.salutingamerica.org). This project was started in 2011 at Cherry Creek HS in the Denver area. They want to recognize, thank, and honor all who served and are still serving.

During Veterans Day week, there are several Schools in D11 and D49 holding special events/Assemblies to honor our Veterans, and we've been asked to support by participating and in many instances share some stories about our Service and talk about the Flag and the purpose of Veterans Day. We need volunteers to attend/support these events. If you are interested, contact Jay or Jackie Bowen, and/or Linda O'Riley ASAP. We are identifying who can and wants to support these events now. The dates are 6, 7, 8, and 11 November.



FIRST ANNUAL TURKEY SHOOT FUNDRAISER
ARE YOU ABLE TO PUT THE TURKEY ON THE TABLE?
COME GIVE IT A TRY AND SUPPORT OUR YOUNG GUNS JUNIOR SHOOTING PROGRAM

Win your Thanksgiving turkey! You are invited to a Turkey Shoot sponsored by the Young Guns of American Legion Post 209. This event will be held at the Post on steak night, November 15th starting at 1900. There will be three categories, one for youth ages 7 through 12, one for 13-18, and one for adults over age 18. The cost will be \$5 for 5 shots at the unsupported standing position from a distance of 25ft. The highest score in each category will win a turkey! Scoring will be governed by the rules spelled out in the American Legion Junior Shooting Guide and any tie will be resolved with a shoot off. You will shoot an air rifle used by the Junior Shooters and the event will be judged and supervised by our NRA Certified Instructors. Be sure to RSVP for that great steak and support our Junior Shooters by participating in our 1st annual Turkey Shoot!



Please RSVP for the Turkey Shoot by calling Ken Taylor at 719-761-4047 or email adjutantsal209@gmail.com



**The Post is Now Open During the Week and
Other Club News!**



I am pleased to report to you that we have enough volunteers to open the Post from 1530 to 2130 Monday through Thursday. We're doing this on a trial basis in response to several requests from you to open the Post so you can swing by in the afternoon or evening. Keep in mind though, as we start getting into the Winter season, if the weather is bad, it will more than likely result in the Post not being or staying open. Consider calling first during these periods if you want to visit.

We have done a lot of work and upgrades to your Post home and encourage you to stop by and visit. I think you will like what you see. Come on out and watch the game on our High Definition TV, throw some darts, shoot some Pool, play some cards, or just hang out and visit with your fellow Veterans and Post members.

Also, beginning this month ALL evening dinner events will start at 1800 instead of 1830, unless otherwise posted.



Centennial 209 Family Calendar of Events



Post Officers 2013-2014

Office	Name	Telephone
Commander	Jay Bowen	719-574-1223
Sr. Vice Cdr	Greg Smith	520-784-3555
Jr. Vice Cdr	Lyle Hagelberg	719-594-4039
Adjutant	Larry Johnson	719-622-0344
Finance Officer	Rusty Bower	682-478-9122
Chaplain	Chet Dean	719-244-2442
Sergeant-at-Arms	Don Shuck	719-575-0539
Historian	Rob Johnson	719-421-9201
Post Executive Committeeman	Neal Thomas	719-392-1510
Service Officer	C. "Gunny" Raines	719-597-4766
Judge Advocate	Chuck Zeitvogel	719-531-0546
Club Manager	Art Kimbrel	719-339-4610



Auxiliary Officers 2013-2014

Office	Name	Telephone
President	Jackie Bowen	719-574-1223
Vice President	Linda O'Riley	719-597-5673
Secretary	Lynn Thomas	719-392-1510
Treasurer	Mary Grier	719-536-0438
Chaplain	Marion Daugherty	719-637-9555
Sergeant-At-Arms	Lois Wooton	719-599-8683
Historian	Kari Ann Smith	520-784-7193



Sons of The American Legion 2013-2014

Office	Name	Telephone
Commander	Rick Kettering	813-967-6680
1st Vice Commander		
Adjutant	Ken Taylor	719-495-8190
Finance Officer	Rusty Bower	719-478-9122
Sgt-At-Arms	Don Shuck	719-575-0539
Chaplain	Chet Dean	719-244-2442
Historian	Chuck Ford	719-597-1019

1 Dec	Gun Show (Help Needed to Man the Booth)
5 Dec	Post Exec Mtg 6:30 pm
6 Dec	Hamdogger 6:00 pm
14 Dec	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am NO MEETINGS THIS MONTH!
14 December	Post Christmas Party! 4:00 pm
1 Jan 2014	Happy New Year!
2 Jan	Post Exec Mtg 6:30 pm
3 Jan	Hamdogger 6:00 pm
11 Jan	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
17 Jan	Steak Night! 6:00 pm RSVP REQUIRED
17-19 Jan	Department Mid-Year Conference, Longmont
24 Jan	Fish Fry 6:00 pm RSVP REQUIRED
6 Feb	Post Exec Mtg 6:30 pm
8 Feb	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
14 Feb	Valentines Day Dinner! 6:00 pm RSVP REQUIRED
21 Feb	Steak Night! 6:00 pm RSVP REQUIRED
28 Feb	Fish Fry 6:00 pm RSVP REQUIRED
6 Mar	Post Exec Mtg 6:30 pm
8 Mar	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am
14 Mar	Hamdogger 6:00 pm
21 Mar	Steak Night! 6:00 pm RSVP REQUIRED
28 Mar	Fish Fry 6:00 pm RSVP REQUIRED
3 Apr	Post Exec Mtg 6:30 pm
4 Apr	Hamdogger 6:00 pm
12 Apr	Breakfast 9:00 am Legion/Auxiliary Meetings 10:00 am SAL Mtg 11:30 am



THE AMERICAN LEGION HIGH SCHOOL ORATORICAL CONTEST

The American Legion High School Oratorical Contest is geared toward those students in grades 9 through 12. The subject of the contest is always the Constitution of The United States and as such, the students must prepare a 12 minute oration that relates to a specific subject of the Constitution.

In addition, they have to prepare 5 speeches on a list provided by National each year. At the contest, a topic is drawn and all contestants have to speak on that topic.

The contestants cannot use any notes, do not have a podium to lean on and do not have a microphone to amplify their voice. They are judged on how well they know the Constitution, the Amendments and how well they can relate the Constitution to today's world. They are also judged on their dress, their mannerisms, how well they project their voice and few other things.

This year the Department Contest will be held on 4 January 2014. The top prizes at National are scholarships to continue their education and range from \$12,000.00 to \$18,000.00 for the top 4 winners.

If you know of someone who is interested in this program please contact the Post at 719-599-8624 for further information.



FROM THE ADJUTANT

Larry Johnson

The Department this year is concentrating on "Retention" of members. We have over 1,000 Legionnaires on our list and I sure would like to see all of you renew. Please renew your membership as soon as you're able. I do not need a renewal notice in order to get your membership renewed for the year. Please make out a check or money order to American Legion Post 209 for \$35.00 and mail it to American Legion Post 209, PO Box 25334, Colorado Springs, Co 80936. Or you can renew online on our website at www.americanlegioncoloradosprings.org

It seems like every time I turn around I see the Federal Government targeting various non-profit groups around the nation. The latest one is the IRS and their ruling that all American Legion Posts must have a record on all their members. Also, as many of you know the Postal Service changed their operations and all mail must go to Denver and come back again. I envision that the Post Office will be the next agency to target not only non-profit groups but any entity that utilizes "Bulk Mail" to send newsletters, magazines, flyers etc. to members and customers and they will start to require that we pay a higher cost to send these items. If/when the Post Office makes that decision, it could cost the Post anywhere from \$50.00 to \$75.00 more each month to send out the newsletters, depending on how much they raise the cost of mail. If the Post Office raises the cost of a stamp, it is going to cost us more to send your membership card out to you. While we can't do anything about the cost of the stamp we can cut the cost for the mailing of the newsletters, etc. All it takes is for you to send us your email address, which will allow us to better communicate with you. You can do this by sending an email to the Post at centenni-altwozeronine@yahoo.com. Every email that I send cuts down on the overhead it takes to run the Post, plus it allows us to communicate with you faster.

How long has it been since you visited the Post? Have you seen firsthand the changes that have been made to provide an atmosphere that you can enjoy with your family, friends and other Veterans? I invite each and every one of you to come on down to the Post look at the changes and give us your comments and your suggestions to make the Post better for you and your family.



Eagle Scout Project Pays Respect to the American Flag

By Jennifer Dunlop

Post 209 is receiving much needed help from Chance Hansen and his Eagle Scout Project. An ongoing project to build an American flag disposal unit will involve more than just muscle, giving Chance Hansen, 17, the chance to use organizational and leadership skills honed as a Boy Scout.

Chance Hansen of Boy Scout Troop 599 of Colorado Springs, is on his way to becoming an Eagle Scout. The Eagle Scout award is the highest rank amongst the Boy Scouts of America. According to the official Eagle Scout website, over 50,000 Boy Scouts become Eagle Scouts each year. However, only 7% of all Boys Scouts will earn the Eagle Scout badge. To earn this badge, a Boy Scout must fulfill requirements in the areas of leadership, service, and outdoor skills while fulfilling the "Aims of Scouting," which include character development, citizenship training, and personal fitness.

For his Eagle Scout project, Chance Hansen is dedicating his time and energies to building an American Flag receptacle and an American Flag disposal pit for Post 209. Chance has already installed the American Flag receptacle. He will start building the disposal fire pit area at the end of October. On the way to becoming an Eagle Scout, Chance will work with over eight different agencies and will personally solicit all donations and volunteer labor required to finish the project. He not only will be the project foreman, directing and managing the project, he will also be working alongside his volunteer labor force.

Chance said he was excited to help Post 209. He has deep respect for all Veterans and one day hopes to become an officer in the United States Army Rangers. By doing this project for the Post, he not only honors the American Flag, he also respects and wants to honor America's Veterans. He said this project will help ensure American Flags receive a respectful and dignified disposal.

Federal law as described in the American Flag etiquette section, often called the Flag Code, states, "When a flag is so worn it is no longer fit to serve as a symbol of our country, it should be destroyed by burning in a dignified manner." The American Legion is one of several agencies that offer a dignified flag disposal ceremony. Called the Ceremony for Disposal of Unserviceable Flags, it is an integral part of The American Legion ritual.

Our Post has collected and stored over 400 flags for proper retirement and disposal. However, due to fire restrictions in the past several years, we have been able to only perform a few ceremonies.

Now, because of Chance Hansen and his Eagle Scout project, our Post will have more flexibility when it comes to performing the Ceremony for Disposal of Unserviceable Flags. Jay Bowen, Commander of Post 209 stated, "The projects Chance is working for our Post will be of great benefit to us and the community. Currently, when someone has an unserviceable Flag they want to donate for proper disposal, they either leave it in a bag at the door or coordinate a date and time when someone can meet them. The Flag container Chance is getting will make it easier and much more convenient for our neighbors to get the Flags to us. Also, the permanent burn pit Chance is working on will make our Flag Disposal/Retirement ceremonies safer. We are very excited he has chosen us to do his Eagle Scout project."

Now thanks to Chance Hansen, Post 209 is capable of receiving unserviceable American Flags via the American Flag receptacle placed in front of the Post building. You can't miss it, it is painted Red, White, and Blue. Soon, we will have it marked as a Flag Receptacle to make it easier to distinguish. Please feel free to drop off any unserviceable American Flags at your convenience and know they will receive a properly respectful and dignified retirement and disposal.

Thank you in advance Chance, and thank you Boys Scouts of America for all you do to mentor and help grow our leaders of tomorrow.

THE AMERICAN LEGION
 CENTENNIAL POST 209
 P.O. BOX 25334
 COLORADO SPRINGS, CO 80936-5334

NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
 PAID
 COLORADO SPGS, CO
 PERMIT NO. 192

ADDRESS SERVICE REQUESTED

~ November 2013 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 BREAKFAST 9:00 AM MEETING 10:00 AM SAL MTG 11:30 AM 
3	4 POST IS OPEN 1530-2130 	5 POST IS OPEN 1530-2130 	6 POST IS OPEN 1530-2130 	7 POST IS OPEN 1530-2130 	8 HAMDOGGER 6:00 PM 	9 VETERANS DAY PARADE! 9:00 AM 
10	11 POST IS OPEN 1530-2130 	12 POST IS OPEN 1530-2130 	13 POST IS OPEN 1530-2130 	14 POST IS OPEN 1530-2130 	15 TURKEY SHOOT 7:00 PM STEAK NIGHT 6:00 PM RSVP REQUIRED 	16 SAL ANNUAL AWARDS BANQUET 5:00 PM PUEBLO POST 2 
17	18 POST IS OPEN 1530-2130 	19 POST IS OPEN 1530-2130 	20 POST IS OPEN 1530-2130 	21 POST IS OPEN 1530-2130 	22 FISH FRY 6:00 PM RSVP REQUIRED 	23
24	25 POST IS OPEN 1530-2130 	26 POST IS OPEN 1530-2130 	27 POST IS OPEN 1530-2130 	28 HAPPY THANKSGIVING! 	29 GUN SHOW HELP NEEDED TO MAN THE BOOTH	30 GUN SHOW HELP NEEDED TO MAN THE BOOTH

Reservations and RSVP go to Jackie Bowen (574-1223) jackiebowen2005@yahoo.com, or Lynn Thomas at 439-6268